

Danceology Pathways and Programs 2026

INFORMATION BOOKLET FOR FAMILIES



INFORMATION

At Danceology, we believe every dancer deserves the opportunity to learn, grow and shine — whether they dance just for fun, for confidence, or with dreams of performing on stage.



This booklet outlines our Academy, Performance and Danceability pathways, including age groups, expectations, and commitment levels, so families can choose the option that best suits their child.

*Confidence grows when dancers feel safe,
supported and valued.*

OUR PHILOSOPHY

- Strong foundations come first
- Performance is an option, not a requirement
- Confidence and wellbeing matter as much as technique
- Pathways are flexible and can change as dancers grow
- Inclusive, supportive and age-appropriate teaching



DANCEOLOGY ACADEMY KIDS

(Core Program | Ages 3–10 years)

The Danceology Academy Kids program is the foundation of our studio and the starting point for all young dancers.

Best for dancers who:

- Want to learn correct technique in a low-pressure environment
- Love dance but do not want to compete
- Are building confidence, coordination and skills
- Are new, returning, or dancing recreationally

Academy Class Options:

- Academy Ballet (APDA)
- Academy Jazz (APDA)
- Academy Tap (APDA)
- Academy Contemporary (APDA)
- Academy Hip Hop (APDA)
- Academy Cheersports (non-competitive)
- Academy Acro / Strength & Stretch

- ✂ No compulsory competitions
- ✂ Optional concerts, showcases and exams
- ✂ Charged per class, per term

★ PERFORMANCE TEAMS (OPTIONAL EXTENSION)

Performance teams are offered as an **optional add-on** to Academy training for dancers who enjoy performing and being part of a team. Academy training remains the priority.

At Danceology, we believe every dancer deserves the opportunity to move, grow and shine – at their own pace.



TINY PERFORMANCE TEAM AGES 4–6 YEARS

Best for dancers who:

- Love being on stage
- Enjoy teamwork and routines
- Are ready for a gentle introduction to performing

Requirements:

- Minimum of 1 Academy class (Jazz/Ballet)
- 1 Performance Team class

Focus:

- Confidence and enjoyment
- Simple choreography
- Age-appropriate commitment

- ✂ Limited performances/competitions (2–3 per year)
- ✂ Short rehearsals
- ✂ Fun-first approach

MINI PERFORMANCE TEAM AGES 6–9 YEARS

Best for dancers who:

- Enjoy performing regularly
- Are ready for a little more structure and responsibility

Requirements:

- 2 Academy classes (Jazz, Hip Hop or Ballet encouraged)
- 1 Mini Performance Team class

Focus:

- Performance quality
- Team commitment
- Safe and supported skill development

- ✂ Small number of competitions/events
- ✂ Academy training remains the foundation

DANCEOLOGY ACADEMY+

PRE-TEENS/TEENS

(Non-Competitive / Recreational Pathway)

For dancers aged 10 years and over, Danceology offers two clear pathway options, similar to our younger age groups. This allows dancers to continue dancing in a way that suits their goals, confidence and commitment level.

Best for dancers who:

- Love dancing but do not want to compete
- Want to continue building technique and fitness
- Dance for enjoyment, confidence or wellbeing
- Prefer a lower-pressure environment

Focus:

- Strong technique foundations
- Musicality and artistry
- Strength, flexibility and coordination
- Enjoyment of dance

Class Options:

- Ballet (APDA)
- Pointe (APDA)
- Jazz (APDA)
- Tap (APDA)
- Contemporary (APDA)
- Hip Hop (APDA)
- Heels
- Musical Theatre
- Acro
- Strength & Stretch

- ✦ No compulsory performance teams
- ✦ No competitions required
- ✦ Optional concerts, showcases and exams

DANCEOLOGY PERFORMANCE PATHWAY 10YRS +

(Competitive / Performance Option)

For dancers aged 10 years and over who wish to pursue performance and competition, Danceology offers a clear Performance Pathway. This pathway is designed for students who are ready for increased training expectations, commitment and structured development.

Best for dancers who:

- Love performing and competing
- Are ready for structured training expectations
- Thrive with goals, teamwork and commitment

Required Classes: •

- Ballet/Contemporary (compulsory)
- Jazz Technique (compulsory)
- Stretch and Tech (compulsory)
- Performance Team(s)

Focus:

- Technical excellence
- Performance quality
- Safe training and progression
- Team responsibility

✦ Higher commitment level

✦ Competitions, events and performances apply

At Danceology, we believe every dancer deserves the opportunity to move, grow and shine – at their own pace.



MOVING BETWEEN PATHWAYS

Dancers may move between Academy and Performance Pathways based on:

- Readiness
- Confidence
- Training goals
- Wellbeing

Our teaching team works closely with families to ensure each dancer is placed in the pathway that best supports their growth.

DANCEOLOGY TECHNIQUE STREAM

(Non-Competitive Option)

Best for dancers who:

- Love training but not competing
- Want to build strength, technique and confidence

Class Options: •

- All Classes except Performance team classes

📌 No performance team requirement

📌 Optional exams and showcases

Dance is not about comparison, it's about connection and growth.



DANCEOLOGY PERFORMANCE PATHWAY

(Competitive Option)

Best for committed dancers who: •

- Want to perform and compete regularly
- Are ready for structured training expectations

Required Classes:

- Ballet/Contemporary
- Jazz Examination
- Tech class
- Performance Team(s)

✦ Higher commitment level

✦ Competitions, events and performances

DANCEABILITY AND CHEERABILITY PROGRAMS

Danceology offers inclusive Danceability and Cheerability pathways designed to support dancers and cheer athletes of all abilities in a welcoming, structured and empowering environment.

DANCEABILITY ACADEMY

(Typically Ages 5–10)

Focus:

- Confidence and movement skills
- Coordination, rhythm and strength
- Individual pacing and support

Classes:

- Danceability Foundations
- Danceability Jazz
- Danceability Hip Hop
- Danceability Ballet
- Danceability Tap
- Danceability Musical Theatre
- Danceability Movement & Strength
- Cheerability
- Cheerability Tumble
- Cheerability Flyer

- ✦ Non-competitive
- ✦ NDIS-friendly (self-managed & plan-managed)

DANCEABILITY AND CHEERABILITY PROGRAMS

DANCEABILITY JUNIOR PERFORMANCE TEAM

(Ages 5 - 12)

Best for dancers who:

- Love performing
- Enjoy teamwork and goals

Requirements:

- 2 Danceability Academy class
- 1 Danceability Performance Team class

Focus: •

- Supported and modified choreography
- Positive performance experiences
- Individual goals respected

- ✦ Flexible supports
- ✦ Limited performances/events

DANCEABILITY AND CHEERABILITY PROGRAMS

DANCEABILITY PERFORMANCE PATHWAY (12 YEARS & OVER)

The Danceability Performance Pathway for dancers aged 12 years and over is designed for students who enjoy performing, working as part of a team and setting personal goals, within a supportive and inclusive environment.

This pathway recognises that older Danceability dancers may have different motivations, abilities and pacing, while still wanting the pride and excitement of performance.

Depending on enrolments and class numbers, students may be separated into dance teams best suited to their needs.

Who This Pathway Is For

Best suited to dancers who:

- Are aged 12 years and over
- Enjoy being on stage and performing with a team
- Benefit from structure, routine and goal-based learning
- May not wish to follow a traditional competitive dance pathway
- Thrive in a supported, inclusive performance environment

Training Requirements:

To be part of the Danceability Performance Team (12+), students must be enrolled in:

- ✓ Danceability Jazz and Ballet Technique / Foundations Class
- ✓ Danceability Performance Team Class

DANCEABILITY AND CHEERABILITY PROGRAMS

DANCEABILITY PERFORMANCE PATHWAY (12 YEARS & OVER)

These classes work together to support:

- Safe movement and technique
- Strength, coordination and confidence
- Performance readiness

Performance Focus

- Supported choreography with appropriate modifications
- Emphasis on confidence, teamwork and expression
- Individual goals respected within a team environment

Performances may include:

- Competitions
- Community events
- Showcases and concerts

Participation is guided by student readiness and wellbeing.

Support & Inclusion

Danceability Performance Pathway students are supported through:

- Flexible teaching approaches
- Modified choreography where required
- Clear communication with families
- Respect for sensory, physical and emotional needs

This pathway celebrates ability, effort and growth, not comparison.

DANCEABILITY AND CHEERABILITY PROGRAMS

CHEERABILITY PATHWAYS

Cheerability is our inclusive cheer program, designed for athletes who love cheerleading and thrive in a team-based, high-energy environment.

CHEERABILITY RECREATIONAL CLASSES

Best for students who:

- Want to try cheerleading without committing to a team
- Enjoy cheer skills, dance and tumbling
- Prefer a recreational option

Class Options:

- Cheer Sports Classes (subject to enrolment numbers)
- Tumble Classes
- Cheerability

- ✚ No team commitment required
- ✚ Classes offered based on enrolment viability

DANCEABILITY AND CHEERABILITY PROGRAMS

CHEERABILITY PERFORMANCE TEAM

(Ages 5+ | Performance Pathway)

Team Requirements:

- Cheer class (team training)
- Tumble class (compulsory)

Additional Training (Role-Specific): •

- Flyers are required to attend a weekly Flyer Training Session with our Flyer Coach

Focus:

- Safe skill development
- Teamwork and responsibility
- Supported performance experiences

✂ Modified choreography and expectations as required

✂ Performances and events throughout the year

Every dancer's journey is different – and every journey is celebrated.



FEES & COMMITMENT TIERS (OVERVIEW)

Academy Programs: •

- Charged per class, per term
- No compulsory performance fees

Performance Teams: •

- Additional team levy applies
- Costume and event fees charged separately
- Commitment level increases with age

Families receive full fee and commitment details prior to confirming performance team placement.

PATHWAY FLEXIBILITY

Students may move between Academy, Technique and Performance pathways based on: •

- Age
- Readiness
- Confidence
- Personal goals

Our priority is always the wellbeing and enjoyment of the dancer.

Progress looks different for everyone, and that's okay.



OUR PROMISE TO FAMILIES

At Danceology, we are committed to: •

- Clear communication
- Age-appropriate expectations
- Inclusive and supportive teaching
- Helping every dancer feel valued and capable

*Every ability is valued,
every effort is celebrated.*



WHICH DANCEOLOGY PATHWAY IS RIGHT FOR MY CHILD?

Answer the questions below by choosing the option that best describes your child right now. There are no right or wrong answers – every dancer's journey is different.

How old is your child?

- ☐ 3–4 years
- ☐ 4–6 years
- ☐ 6–9 years
- ☐ 10+ years

Why does your child want to dance? (Choose all that apply)

- ☐ For fun and enjoyment
- ☐ To build confidence and coordination
- ☐ To learn strong foundations and technique
- ☐ Because they love being on stage
- ☐ To perform or compete as part of a team

How does your child feel about pressure and commitment?

- ☐ Prefers relaxed, low-pressure classes
- ☐ Likes structure but not too much pressure
- ☐ Enjoys routine, goals and commitment
- ☐ Thrives when working towards performances

How many classes per week is your child happy to attend?

- ☐ 1 class
- ☐ 1–2 classes
- ☐ 2–3 classes
- ☐ 3+ classes

How does your child feel about performing?

- ☐ Not interested at the moment
- ☐ Happy to perform at concerts/showcases
- ☐ Loves performing and being on stage
- ☐ Actively wants to be part of a performance team

Does your child have additional support needs we should know about?

- ☐ Yes — and we're looking for an inclusive, supported environment
- ☐ Possibly / not sure yet
- ☐ No additional supports needed

YOUR RESULTS



Mostly relaxed / recreational answers

Recommended Pathway: Danceology Academy

- ✓ Best for ages 3–10
- ✓ Focus on fun, foundations and confidence
- ✓ No compulsory competitions



A mix of Academy and performance-style answers

Recommended Pathway: Danceology Academy + Optional Performance Team

- ✓ Academy remains the foundation
- ✓ Performance team added as an extension
- Ages 4–6: Performance Team
- Ages 6–9: Mini Performance Team



Mostly performance-focused answers (Age 10+)

Recommended Pathway: Danceology Performance Pathway

- ✓ Structured training requirements
- ✓ Performance teams and competitions
- ✓ Clear expectations and support



If you selected additional support needs

Recommended Pathway: Danceability Academy or Danceability Performance Team

- ✓ Inclusive and supportive environment
- ✓ Individual pacing and modifications
- ✓ Performance teams available (optional)

Remember: Pathways are flexible. Dancers may move between options as they grow, gain confidence or change goals.